

# November 2021 Gym Schedule

PACIFIC COURTS - 7003 132nd PI SE, NEWCASTLE, WA 98059

| November 2021 Gym Schedule                             |  |   |   |   |  |  |   |
|--|--|---|---|---|--|--|---|
| PACIFIC COURTS - 7003 132nd PI SE, NEWCASTLE, WA 98059 |  |   |   |   |  |  |   |
|  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   | SUNDAY  |
| <b>COURT 1</b>   | 6:15-7:15am Bre Breakfast Club Training all grades SCRIMMAGES & SHOOTING     | 4-6pm 2029 Fuego Davis Team Practice              | WTW Rental 2-330  | 4-6pm Fuego 2028 team practice                  | 4-6pm 2028 Smith Team Practice and Fuego 2027 Black  |  | WTW Rental  |
|  | 4-5pm All Skills w/Kenan Graes 2-6   | 5-630pm Elite training w/Mo Hines grades 4-6 ONLY | 4-530pm Basketball Fitness/Conditioning w/ Jerry Petty grades 2-7 | 5-6pm Ball Handling Grades 5-11 w/Kenan         | 6-8pm Fuego 2029 KO Team practice & 6-730 Fuego 2031 | Pop-up TRAINING ClassesDates and times will be sent out through Team Snap! |   |
|  | 5-7pm TOH 2029 Nike Practice   | 630-8pm Elite training w/Mo Hines                 | 5-630pm Fuego 2031 Red Team Practice                              | 6-8pm TOH 2028 ST                               | 730- 930 Private Court Rental                        |  |   |
|  | 7-830pm Elite Training w/Mo Hines and 830-1030 Private Rental                | 6-8pm 2026 Fuego Team Practice                    | 5-6 K/1 Coed Practice   |   |  |  |   |
|  |  | 630-730 w/ Kenan grades 6 and up                  |   |   |  |  |   |
| <b>COURT 2</b>   | 4-6pm 2030 Fuego team practice (Black and Red)                               | 5-630pm 2031 TOH Practice                         |   | 4-5pm Training w/Kenan grades 2-7 BALL HANDLING | 5-6pm 14U and above GIRLS TOH Prep Training w/Mo     | Pop-up TRAINING ClassesDates and times will be sent out through Team Snap! |   |
|  | 4-5pm All Skills w/Kenan grades 2-6  | 5:30-730pm TOH 2026 Red team practice             | 530-7pm 7th Red Fall TOH Team Practice                            | 5-630pm pm w/Mo Hines Elite Training grades 5+  | 6-8pm 2027 Loyd team practice                        |  |   |
|  | 530-7pm TOH 2030 Team Practice   |   | 530-7pm Elite Training w/Mo Hines                                 | 630-830pm TOH 2027 Hines Practice               | 6-8pm 2026 Loyd team practice                        |  |   |
|  | 7-830pm Basketball Conditioning w/Jerry Petty grades 6-12 & WTW Rental 7-830 | 730-930 Private rental                            | 7-10 PSBL Mens League Rental                                      |   | 8pm Private rental                                   |  |   |
| <b>Training Cage</b>                                   | 5-6pm w/Kenan Training grades 3-6 ALL SKILLS                                 | 5-6pm Shooting w/Eric                             | 5:30-6:30pm w/Kenan Training grades 4-8 BALL HANDLING             | 5:30-6:30pm Deon SHOOTING                       | 4-5pm w/Eric Training grades 2-6 ALL SKILLS          | Private Training & Vertimax Training - Kenan (*extra fees apply)           |   |
|  | 6-7pm w/Kenan Training grades 7-11 SHOOTING                                  | 6-7pm Trainingw/ Eric grades 3-6 SHOOTING         | 6:30-7:30pm w/Kenan Training grades 6-11 SHOOTING                 | 6:30-7:30pm w/Keith SHOOTING                    | 5-6pm w/Bre Training grades 7-11 ALL SKILLS          |  |   |
|  |  | 730-830pm w/Keith grades 7-11 ALL SKILLS          |   |   | 6-7pm w/Leo grade 6-11 All Skills Training class     |  |   |
| 830-930pm w/Keith-shooting All ages                    |  |   |   |   |  |  |   |
| <b>Weight Room</b>                                     | 7-830pm Basketball Conditioning w/ Jerry Petty grades 6-12                   |   |   |   |  |  | Private weight room training with Jerry Petty available!* |

Black= Training Red= Team Practice Blue= Private Rentals \*=email for additional registration details