

REVISED MARCH GYM SCHEDULE

PACIFIC COURTS - 7003 132nd Pl SE, NEWCASTLE, WA 98059

NEW DAYTIME CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COURT 1	4:30-6 TOH 4th - 2028 team practice	4-5:30 Elite Training with Mo Hines	430-6 Elite Training with Mo Hines	4-5:30 Elite Training with Mo Hines	430-6 Elite Training with Mo Hines	10-11am K-3 Training (extra fees apply)*
	6-7:30 Fuego 3rd KE Team Practice	530-630 2nd Fuego Black (2030) Team Practice	Canceled	5:30-7 TOH 2027 Ballena Team Practice		
	6-7:30 Fuego 2028 Team Practice	6-8 Fuego 2024 AU Team Practice	7:30-9 TOH 2024 White Team Practice	5:30-6:30 All Skills (Kenan) Grades 1-4	6-7:30 TOH 2025 Jewell Loyd Practice	
	7:30-8:30 Fuego 2024 KO	7-8 Fuego 2024 Gweth Team Practice	7:30-8:30 Shooting (Kenan) Grades 6-8	6:30-8:30 Fuego U17 Davis Team Practice	6-7:30 TOH 2025 Elite Practice	
				7-8:30 Fuego HS Mitchell	7:30-9 TOH 2024 Jewell Loyd Practice	
COURT 2	4:30-6:00 Elite Training with Mo Hines	4-5 All Skills Training (Deon) grades 3-5	4:30-6 TOH 2029 Team Practice	430-6 Fuego 3rd Black (2029) Team Practice	430-6 TOH 2025 Bur...s Team Practice	
	6-7:30 TOH 6th 2026 Nike Practice	5-7 Fuego 2026 Team Practice	4:30-6 TOH 2028/2029 Team Practice	5-6	4:30-6 TOH 2025 White Team Practice	
	6-7:30 Fuego 2 Red Team Practice	5:30-7 Defense & Conditioning (Antwon) Grades 9-12	6-7:30 TOH 2026 Jones Team Practice	6-730 Fuego 2025 Jones Practice	6-730 Fuego 2027 Team Practice	
	7:30-9 Fuego 2025 AU Team Practice		6-7:30 TOH 2026 Raban Team Practice	6-730 Fuego 2025 Team Practice	6-730 TOH 2027 Jewell Loyd Practice	
	7:30-8:30 All Skills (Marcus) Grades 4-7	7-8:30 Pacific 2022 Team Practice	7:30-9 Fuego U15 Jones Team Practice	7:30-9 Pacific Ballena Team Practice	730-830 Fuego 2024 KO Team Practice	
			7:30-9 Fuego U15 LW Team Practice		730-830 Fuego 2024 Gweth Team Practice	
WEIGHT ROOM/ TRAINING CAGE	Canceled		4:30-5:30			
	Canceled		530-6:30 Shooting (Ayinde) Grades 2-5	6:30-7:30 Shooting (Kenan) Grades 5-7	Canceled	Private Training & Vertimax Training - Kenan (extra fees apply)*
		630-730 All Skills (Rodney) Grades 1-5	Canceled		Canceled	
	8-9 Shooting and attack moves (Keith) Grades 6-11	730-830 Shooting (Deon) Grades 5-7		7:30-8:30 All Skills (Kenan) Grades 8-10	730-830 Shooting (Ayinde) Grades 4-7	

Mondays 230 grades 1-5
Mondays 230 grades 5-8
Mondays at 330 all skills

Tuesday 9am-1030 grades 3-7 Marisa

Wednesday 230 grades 8-11 ball handling (Eric)

Thursday 9am-1030 grades 1-5 (Eric)

Friday 230 grades 5 and 8 (Kenan)

*black= Training Red= Team Practice Blue= Private Rentals *=email for additional registration details*