

## October Gym Schedule

Red- team practice, Black- training, Blue- weight room/training cage

Pacific Courts- 7003 132<sup>nd</sup> PL SE, Newcastle, 98059

Court 1	Court 2	Weight room/ training cage
<p><b><u>Monday</u></b>                      7:30-8:30- Fuego 6<sup>th</sup> team practice                      7:30-8:30 Training class- Rodney Delgado (grades 2-5)                      8:30-9:30 Training class- Kenan Oliver (grades 6-12)</p>	<p>7:30-8:30- Fuego 7<sup>th</sup> team practice                      Fuego 8<sup>th</sup> team practice</p> <p>PSBL</p>	<p>7:30-8:30- basketball agility and strength (grades 2-7)  <i>*must register, 16 student limit</i></p>
<p><b><u>Tuesday</u></b>                      7:30-8:30- Fuego High School Prep team practice</p> <p>8:30 reserved for PSBL</p>	<p>7:30-8:30 Fuego 6<sup>th</sup>- Stell team practice</p> <p>8-10pm ½ court private rental                      8:30-9:30 Training class Kenan Oliver (grades 7 and higher)</p>	
<p><b><u>Wednesday</u></b></p> <p>Swish Black 2019 team practice</p>	<p>7:30-8:30- Training class- Kenan Oliver (grades 4-6)</p> <p>8:30-9:30- Training class- Kenan Oliver (grades 7-HS)</p>	<p>7:30-8:30- basketball strength and agility grades 6-12  <i>*must register, 8 student limit</i></p>
<p><b><u>Thursday</u></b>                      7:30-8:30- Fuego 7<sup>th</sup> team practice                      -Fuego 8<sup>th</sup> team practice</p>	<p>7:30-8:30- East Seattle 4<sup>th</sup> grade team practice                      8:30-9:30- Training class- Kenan Oliver (grades 7-12)</p>	<p>7:30-8:30 Shooting class                      Must register for this one due to limited space in cage (grades 3-6)</p>
<p><b><u>Friday</u></b>                      4-5pm- Training class- Deion Stell (grades 2-6)                      5-6pm 5<sup>th</sup> grade Fuego Clinton team practice                      5-6pm 3<sup>rd</sup> grade Fuego team practice                      7:30-8:30- 6<sup>th</sup> grade Fuego team practice</p>	<p>5-6pm 2<sup>nd</sup> grade Fuego team practice                      6-7 6<sup>th</sup> grade Fuego- Stell team practice                      6-7 Training class Reggie Clinton (grades 2-6)</p>	<p>8:30-9:30 Vertical increase class with Kenan Oliver, extra fees apply, first 5 sign-ups will be accepted.</p>

<b>Saturday</b> 10am-11am K-3 class (must sign up- extra fees apply)		Time TBD- Each Saturday Vertimax Vertical Increase Class w/ Kenan Oliver (email to sign up, extra fees apply)
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**Hidden Valley B&G Club- 1903 112<sup>th</sup> Ave NE, Bellevue, 98004**

<b><u>Monday</u></b>	<b><u>Tuesday</u></b> 4:00-5:15- Fuego 5 <sup>th</sup> Clinton team practice	<b><u>Wednesday</u></b> 4:00-5:00- Fuego 3rd team practice 4:00-5:15- Fuego 2 <sup>nd</sup> team practice	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
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**Mercer Island Community Center – 8236 SE 24<sup>th</sup> st. Mercer Island**

<b><u>Monday</u></b>	<b><u>Tuesday</u></b> 5: - Training class- Kenan Oliver (3 <sup>rd</sup> - 7 <sup>th</sup> grades)	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
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**We have training class space from Bellevue School District that will be confirmed Sept. 5<sup>th</sup>, these classes will be posted as soon as we have confirmation!!**

**Mercer Island Presbyterian Church- 3605 84<sup>th</sup> Ave SE**

<b><u>Monday</u></b> 4:00- Fuego 5 <sup>th</sup> K.O. Team practice	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b> 4:00- Fuego 5 <sup>th</sup> K.O. team practice
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