



<p><b><u>Friday</u></b>  7:30-8:30- Fuego 5th team practice  - Fuego 6th team practice</p> <p>8:30-9:30- Fuego 8th team practice  - Fuego HS team practice</p>	<p>7:30-8:30- Training class-  (grades 8-HS)</p> <p>7:30-8:30- Fuego 7th team practice</p>	<p>No class- Available for  private and semi-private  training</p>
<p><b><u>Saturday</u></b>  10am-11am K-3 class (must sign  up- extra fees apply)</p>		<p>Time TBD- Each Saturday  Vertimax Vertical Increase  Class w/ Kenan Oliver  (email to sign up, extra  fees apply)</p>

Hidden Valley B&G Club- 1903 112<sup>th</sup> Ave NE, Bellevue, 98004

<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<p style="text-align: center;"><b><u>Wednesday</u></b>  4:00-5:00- Fuego  4<sup>th</sup> team practice</p>	<b><u>Thursday</u></b>	<p style="text-align: center;"><b><u>Friday</u></b>  4:00-5:00- Fuego  4<sup>th</sup> team practice</p>
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